

Your Voice counts -suggestions via themes

Home

Support for parents/carers with addictions

Education courses for parents/carers

Financial benefits advice for parents/carers when teens are joining work programmes or accepting employment

Mental health support for parents/carers

More communication from school to home (and interpreter to be used when english is not first language of parents/carers)

Up to date information about what activities are available in the city. Local offer website not accessible to all.

Clear info regarding feedback and progress to parents and shared goals to focus on

Where I work/study

More work experience opportunities to be made available through school

More counsellors

More mental health awareness amongst school staff

Less crowded classrooms

Remove distracting pupils from class sooner

We need break out rooms or places to go when feeling overwhelmed or stressed

More social events with work colleagues or peers

What makes me happy

Exercise

Christmas!

Good food and drink

Feeling valued

Spending time with family

Spending time with friends

Having opportunities to achieve and having clear targets and a progression path

Having positive feedback

Being able to see progression

Social events

Connecting with people

Celebrations

Things that make me feel down

Family fall outs

Social media can be exhausting

Bad weather

Social anxiety

Not being able to see friends

Being stuck indoors

The threat of Covid and also the restrictions

Dark mornings and dark nights

Stress of feeling overloaded and worried

No rapid access to mental health services

Not being treated like an adult

Not having extra time allowed for work or adjustments made for a slower pace of work

Great support

Good communication and contact

Regular reviews

Clear explanation of what is expected

An understanding in staff of what the anxiety triggers are for students and coping mechanisms

Travel training in school as early an age as possible

Good mentors who understand my skills and needs

Receiving positive affirmation

Access to regular pastoral support

Feeling safe

Lockable doors

Being at home

Increased police presence

There needs to be opportunities for training on personal safety as some parents can be over protective so we are not always equipped to be streetwise. Maybe some opportunities to get out and about in small groups whilst at school would help build our independence. School taxis do not help us to gain independence and is not something we always want but is organised by parents.

Pre placement visits relieve anxiety and fear before starting placements

Personal safety alarms for in community

Conflict resolution training