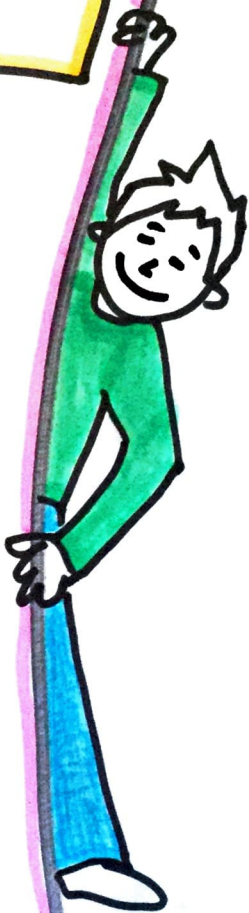


# Ground rules





Where I work or study







IDEAS



What helps me to  
feel happy.....



things  
that make me  
feel down....



